



# **JOURNAL OF HEALTH AND HUMAN MOVEMENT STUDIES**



**DEPARTMENT OF HUMAN KINETICS  
AND HEALTH EDUCATION**

Prince Abubakar Audu University, Anyigba,  
Kogi State, Nigeria

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**JOURNAL OF HEALTH AND HUMAN MOVEMENT STUDIES (JOHMOS)**

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**A FESTCHRIFT IN HONOUR PROFESSOR DANLADI IBRAHIM MUSA**

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## JOURNAL DESCRIPTION

The Journal of Health and Human Movement Studies is a peer-reviewed journal published by the Department of Human Kinetics and Health Education (Prince Abubakar Audu University, Anyigba) dedicated to advancing the fields of education, health and human movement sciences. This peer-reviewed journal serves as a valuable resource for researchers, scholars, and professionals interested in the multifaceted aspects of education, human movement, physical activity, and their implications on health and well-being.

The journal seeks to publish a wide range of articles, research papers, and reviews that explore diverse topics within education, kinetics and health studies. These topics encompass exercise physiology, biomechanics, sport psychology, sociology, health promotion, physical education, kinesiology, education, teaching methodology, research, curriculum, professional issues and other related areas. The journal is committed to promoting interdisciplinary research, making it an essential platform for scholars who seek to bridge the gap between theory and practice. Readers can expect to find rigorous scientific research, evidence-based practices, and innovative strategies intended to have a high impact on both theory and practice for a wide readership. The Journal of Health and Human Movement Studies will be published once for its maiden edition and two times in a year in May and October for other editions.



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## PROFILE OF PROFESSOR DANLADI I. MUSA

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Danladi Ibrahim Musa earned his PhD from Obafemi Awolowo University (OAU), Ife, Nigeria, and his Master's and Bachelor's degrees from Ahmadu Bello University (ABU), Zaria, Nigeria. With over 40 years of teaching experience, Professor Musa has published over 100 scientific and research articles, coauthored books, book chapters, technical reports, and conference papers, and has over 600 citations.

He was the Coordinator of the Human Performance laboratory in the Department of Human Kinetics and Health Education at Prince Abubakar Audu University, Nigeria. Over the years, he has held key academic and administrative positions, including Dean of the Faculty of Education, Dean School of Postgraduate Studies, Director of Research and Innovation, and Director of Quality Assurance at the University.

A significant milestone in Professor Musa's career was the receipt of two distinguished academic fellowships: the World Bank Junior Fellowship at Louisiana State University, USA (nine months) in 1994 and the prestigious Commonwealth Academic Staff Fellowship at the University of Exeter, UK (six months), where he conducted postdoctoral research from 2010 to 2011 alongside global leaders in Physical Activity and Pediatric Health.

Throughout his career, he has supervised 40 postgraduate students to the successful completion of their Ph.D. and Master's degrees. Additionally, he has served as an external examiner for over a hundred doctoral and master's theses both nationally and internationally. Professor Musa has participated in 35 conferences and workshops across various countries, including the United Kingdom, the United States, the United Arab Emirates, South Africa, and Kenya.

Professor Musa serves on the editorial boards of several esteemed journals, including the Multidisciplinary Science Journal (MSJ) (Brazil). He is also a Guest Editor for the Open Public Health Journal (OPHJ) (United Arab Emirates) and a Review Editor for *Frontiers in Physiology* (Switzerland). Additionally, he is an active member of various professional associations such as the International Society for the Advancement of Kinanthropometry (ISAK), the American College of Sports Medicine (ACSM), the British Association of Sports and Exercise Science (BASES), the Nigerian Association for Physical Education, Recreation, Sports and Dance (NAPHER.SD), the Nigerian Association of Sports Science and Medicine (NASSM), and the Health Promotion Research Association of Nigeria (HEPRAN). His research interests focus on physical activity and pediatric health.

Professor Musa enjoys music, jogging and playing badminton in his leisure time. He is happily married with children.



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